

Theme of the Week: Why is there so much suffering in the world?



Dear Parents/Carers,

I hope you are well. We are introducing a new section in our weekly newsletter where we will set out our weekly worship theme and give you some more information on how students have been exploring this theme during the

week; I hope you find this informative and helpful. A lot of my time this week has been happily taken up with interviewing students who want to attend our Sixth Form; both current Year 11 students and external students. It has been an absolute joy to talk with them about their plans for Sixth Form study and beyond and it has strengthened our strong belief that it is right for King's to open a Sixth Form at this point in our journey. We are so excited for the opportunity to retain our students for Key Stage 5 and support them through their A Level/Level 3 BTEC study. We also look forward to welcoming students from across the city who want to be part of a smaller Sixth Form where they will be known and valued. At King's, Sixth Formers will have increasing independence, combined with bespoke academic support and outstanding pastoral care. They will be able to study and continue to grow as people within our nurturing Christian ethos. We know that our Sixth Formers will be fully supported to reach their potential and we know that their presence in school will be so beneficial to the younger year groups. Please continue to pray for our preparations for Sixth Form opening and for our recruitment of this initial cohort. It is so exciting to see this last chapter of the King's vision unfolding in our city.

CONTACT DETAILS

King's School
Hangleton Way
Hove
BN3 8BN

01273 840004

admin@kingsschoolhove.org.uk
www.kingsschoolhove.org.uk

Forthcoming Events

Tuesday 7th – Thursday 9th February	<ul style="list-style-type: none"> Production performances
Monday 13th – Friday 17th February	<ul style="list-style-type: none"> Half Term Year 11 intervention on 16th and 17th February
Monday 20th February	<ul style="list-style-type: none"> First day of new Half Term First day of Year 11 mocks

I wish you all restorative weekends.

Twitter: @kingschoolsix1

Mrs Price

This Week's Theme: Why is there so much suffering in the world?

This week we have been considering the theme of suffering and asking the question – Why is there so much suffering in the world? Several year groups have had in person assemblies with their Heads of Year this week to explore this theme and some assemblies have been led by tutor groups. In our extended worship time this week students have considered different types of suffering including current conflicts around the world, the impacts of the recent coronavirus pandemic and people's individual suffering. Students also considered that some positives can come from suffering and explored the concept of 'chosen suffering'. Students looked at some Bible passages on this topic and explored ways to support people known to them through periods of suffering.

King's Sixth Form

Interviews for our Sixth Form places started this week and will continue through February. We would really love to encourage Year 11s to apply to be the first sixth form cohort at King's. We are confident that we will be able to offer them excellent, distinctive provision. We are still accepting applications so please do not hesitate to fill out a form.

- Be known
- Outstanding Pastoral Support
- Small class sizes
- Excellent teaching and learning
- Leadership opportunities
- Bespoke careers and UCAS advice

If you have any further questions, please contact Mrs Coles at sixthform@kingschoolhove.org.uk. Every student who applies to the Sixth Form will receive an interview with Mrs Price and Mrs Coles, which will be a valuable experience.

Apply here [King's School Hove \(ret.systems\)](#)

Instagram: @kingschoolsixthform

Year 11 Mocks and Reports

Year 11 mocks will begin on Monday 20th February (the first Monday back after half term) and the timetable is below. You will receive a report of the mock grades in April.

Targeted intervention will run over half term on 16th and 17th February for those who are invited. Invitations will be sent home on Monday 30th January. Sessions run from 9:30 – 12. The sessions that are running are:

- **16th February – Maths, Science, RP, PE and English**
- **17th February – Maths, Drama and Music**

If your child is invited to attend intervention, we strongly recommend they do attend as the purpose of these sessions is either to complete NEA (coursework) or to target gaps in their knowledge. Where students have been invited to more than session on the same day, please ask them to discuss with their teachers and then decide which session will be most useful. If you think your child should have been invited to a session but has not been then please contact the department directly using the contact us page on our website <https://www.kingschoolhove.org.uk/contact-us>. Please note that some subjects will repeat through the year.

These sessions are not extra lessons. For most Year 11 students the best use of their time over half term is independent study using the techniques they have been taught. The most important factor in students doing well at GCSE is starting revision now and being organised and disciplined in keeping to a revision schedule. It is also important to have breaks and time to relax and recuperate.

The holiday intervention schedule for the rest of the year is:

4 th February	MFL
12 th April	Science

King's School

13 th April	English and geography
14 th April	Art, Music and Computer Science
31 st May	Maths and Science
1 st June	Music and Geography
2 nd June	English and History

Student of the Week

Students of the week

Year 7	Charlie M
Year 8	Matilda B
Year 9	Hannah M
Year 10	Yana R
Year 11	Sam B

Upcoming Sports Fixtures

Monday 6th February	Year 8 Boys' Football v Stringer B
Tuesday 7th February	Year 7 Girls' Football v Stringer Away
Wednesday 8th February	Year 8 Boys' Football v Varndean Away
Thursday 9th February	Year 9 Football v Blatchington Mill Away

Beauty and the Beast - Raffle

The PTA will be holding a raffle which will be drawn on 9th February 2023. This is the last evening of our Beauty and the Beast performance. All proceeds from the raffle will go towards the education of King's School students. Raffle tickets are priced at £1.00 each and can be purchased by logging on to your ParentPay account. Raffle ticket numbers will be sent to you the week before the draw. Please purchase your raffle ticket by Friday, 3rd February 2023. We wish you luck in winning one of our wonderful hampers.

Mental Health Support Team

At King's we are well-supported by the Mental Health Support Team. Over the coming weeks we will be sharing guides and top tips from the team here in the newsletter. This week, we attach a newsletter about anxiety.

	Monday 20 February	Tuesday 21 February	Wednesday 22 February	Thursday 23 February	Friday 24 February
Morning All start at 8.45	English Language P2	Biology Comb. Sci. Biology	Chemistry Comb. Sci. Chemistry	Physics Comb. Sci. Physics	English Language P1
Mid Morning 11.15 or 11.30 start		Religious Studies 11.30am	Spanish Listening - Foundation Tier 11.30am	French/Spanish Reading - Both tiers 11.15am	Spanish Listening - Higher Tier 11.30am
Afternoon All start at 1.30	Maths P1	Geography P1	Design & Technology Food Prep & Nutrition Business Music	PE Drama Computer Science	Spanish Writing French Writing Media Studies
	Monday 27 February	Tuesday 28 February	Foreign language Speaking Exams will take place on the 1st, 2nd & 3rd March. The Art mock exam will take place on 7th March. Additional Science, History and PE papers will take place in lessons - your subject teachers will let you know when these will take place.		
Morning All start at 8.45	Maths P2	English Literature P1			
Mid Morning 11.15 or 11.30 start	Geography P2 11.15am	French Listening - Both tiers 11.30am			
Afternoon All start at 1.30	History P3	Maths P3			

Beauty and the Beast

Performances of this year's production of Beauty and the Beast will take place in February on the following dates:

- Tuesday 7th February
- Wednesday 8th February
- Thursday 9th February

Tickets cost £11.75 and are available via ParentPay. Please note that we have had an amazing take up and so very limited tickets remain. Buy now to avoid disappointment! Performances will take place from 7pm each evening in the main hall.



- Teacher of Humanities (Geography and History) with second subject
- Teacher of English (with second subject)
- Teacher of Psychology and Sociology
- Teacher of Design and Technology and Food and Nutrition

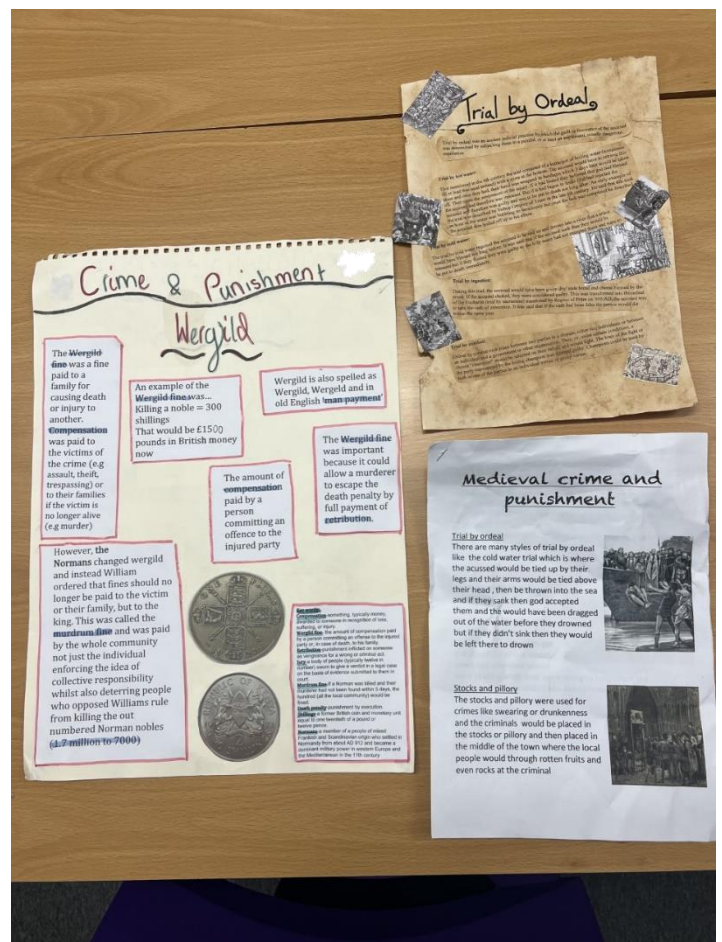
Non-teaching roles to start in February 2023

- School Business Manager – Full time
- Cover Manager and Administrator – Full time, term time only
- Individual Needs Assistant – Part time, term time only
- Teaching Assistant – Part time, term time only
- Senior Teaching Assistant – Full time, term time only
- Volunteer librarians – Casual role, hours as suitable to candidates

Please [click here](#) for more information.

Year 7 History

7A2 History were tasked this week with creating a piece of research on Medieval punishments. The best examples would be used by Year 10 as a revision tool. The winners, as voted by Year 10, are Erin P, Ruby M and Lila K. Well done!



Vacancies

We are currently advertising the following growth positions. Please share with any members of the community who might be interested in joining us!

Teaching roles- starting September 2023

- Teacher of Economics and Business

Prime Drinks and Energy Drinks

Many of you will be aware of the craze for Prime drinks which are being sold in Asda and Aldi. Whilst the Prime Hydration drink is not considered dangerous for young people, Prime are planning to launch Prime Energy in supermarkets from April. The official website states that one 12oz can of Prime Energy contains 200mg of caffeine. A warning on the page states that the energy drink is not recommended for children under the age of 18, as well as pregnant or nursing women. For comparison a can of Red Bull has between 75-80mg of caffeine and a can of Monster Energy contains 160mg. An average cup of coffee contains around 40mg of caffeine. However, there are no laws in place restricting sales of energy drinks to under 16s and if Prime Energy proves to be as popular as its predecessor, it will likely fall into children's hands. According to GP Dr Hana Patel, 200mg is double the amount of acceptable caffeine for children, though she recommends that they avoid it all together - as it can cause symptoms such as insomnia, heart palpitations, dizziness and anxiety. She said: "Caffeine is a stimulant and evidence and research shows, that children should not have caffeine in their diet, if they do it should be no more than 100mg of caffeine in a day. Caffeine also may harm children's still-developing cardiovascular and nervous systems.



In addition, we are concerned that young people are visiting supermarkets in the early hours of the morning (around 3am) to obtain newly arrived stock. There is a clearly a safeguarding risk in this behaviour and we would not recommend that any young person travels around the city and this time in the morning, either with friends or alone. Please also note that these drinks are being re-sold at extraordinary prices on ebay and other platforms with individual cans fetching around £15-£20.

At King's we permit pupils to drink water in the classroom and this remains the healthiest and safest option for all young people. We do not permit pupils to bring energy drinks e.g. Monster, Red Bull to school and

these have always been listed amongst our [banned items](#).

Attendance

Congratulations to Year 7 and Year 10 who exceeded our 96% attendance target on Thursday this week – well done!

Historian of the Fortnight

Issy is our Historian of the Fortnight!

Isabella is our Historian of the Fortnight due to her quietly tenacious approach to her studies. Issy completes all tasks to an incredibly high standard, attempts extension tasks and will always check that she is fully able to answer tasks to the highest of standards. To add, Issy is an incredibly conscientious student who not only pushes herself to achieve but takes real care in her focus on achieving her targets.

I am so incredibly proud of this student who silently cruises through the course with an indelible amount of grit and determination!

Well done Issy B or should I say, Queen B?!

Mrs Cager





LGBT+ History Month 2023

Theme "Behind the lens"

What's on?

Poster competition

Why not create a poster or Instagram post to help us celebrate LGBT+ history month. Your poster should be celebrating an LGBT+ person from the film or TV industry who you want to share with the school.

Submit your creation to the school office or admin@kingsschoolhove.org.uk by Monday 6th February to be in with a chance of winning a prize.

Assembly

We will be looking at LGBT+ people 'behind the lens' in assembly after half term

Newsletter

Keep your eye on the newsletter for a feature on LGBT+ people every week throughout the month

Food Technology

There has been lots of activity in the food room recently as most of Mr Jenkins' groups are completing their food rotation.



We have an exciting collection of recipes and skills for KS3 with some new practical tasks for year 9. We want students to experience a range of skills that they can take home and hopefully impress their family with their newfound culinary skills!

A Victoria sandwich is a classic sponge cake that we believe every student should have the opportunity to bake.



Gabriel 9C showed excellent dedication to the food & nutrition course and baked a beautiful light and tasty sponge. We want to say a **huge thank you to The King's School Parent Teacher Association (PTA)** who have recently provided a range of different equipment including the all the cake tins. Their kind gesture to enhance our equipment has allowed us to be more adventurous in the kitchen.



Mrs Angus

Head of Design and Technology





A 15–20-minute ride in the coach up to Sussex university. We had three sessions and lots of fun!!!

The first session we had was about bubbles! All the way to how the bubble shape in different stencils, because they always take the shortest and easiest route. It's also like if you're trying to connect three places using as minimal roads as possible to it would cost less and take less time. We were also shown how the calculation of the perimeter and area of a shape has developed over time.

In the second session we had, was about surface area on a strip of paper and how there would be more surface area if you twist and bend and cut it. Instead of using a regular flat sheet of paper.

After those two sessions, we had lunch in the university cafeteria. We got to know how its feels like to be a student during a casual day in the university.

For the last session, we discovered how to make games like dobble and dominos using mathematics. Say you had seven symbols for dobble, you would think that there would be seven possibilities but there is not. There would only be two possibilities because there is only allowed to be two symbols that are there same on two cards, not seven

-Manuella G 9B

Upcoming Menus

Please see below the upcoming menus for the second half of the spring term, alongside a special menu for February 10th.

WEEKLY MENU				
King's: week begin 20/2,13/3,17/4,8/5,5/6,26/6				
Monday	Tuesday	Wednesday	Thursday	Friday
Italian Style Beef Lasagne	Chicken & Sweetcorn Shortcrust Pie	Roast Gammon & Pineapple Slice	Homemade Cheeseburger in Bun	Oven Baked Breaded Fish with Lemon & Tartare Sauce
Italian Style Vegetable Lasagne	Hearty Vegetable Puff Pie	Mediterranean Cous Cous Loaf	Homemade Vegan Burger in a Bun	Vegan Quorn Sausages
Served with Garlic Bread & Fresh Salad	Served with Mashed Potato, Green Beans & Carrots	Served with Roast Potatoes, Savoy Cabbage & Cauliflower	Served with Paprika Wedges, Coleslaw & Sweetcorn	Served with Chips, Peas & Baked Beans
Ice Cream Pot	Apple & Pear Oat Crumble & Custard	Jam Roly Poly & Custard	Apple Cream Puff	Chocolate, Orange Beetroot Cake
Break: Sausage Roll	Break: Fajita Chicken Wings	Break: Bacon & Hash Brown Bap	Break: French Bread BBQ Chicken Pizza	Break: Piri Piri Chicken Burger in a Bap
Lunch: Macaroni Cheese Hotpot	Lunch: Beef Chilli & Rice Hot Pot	Lunch: Pasta Arrabiata Hot Pot	Lunch: Carbonara Hot Pot	Lunch: Beef Bolognese with Fusilli Hot Pot

Available also:

Baguettes, Sandwiches, Sushi, Shaker Salads, Cheese & Crackers, Fresh Fruit, Dried Fruit, Cold Dessert Pots, Pizza, Hot Wings, Jacket Potatoes, Petite Pains, Traybakes, Popcorn, Lentil Crisps, Pre-Order Special Diets @ Break Time.

HARRISON food with thought

WEEKLY MENU				
King's: Week Begin: 27/2,20/3,24/4,15/5,12/6,3/7				
Monday	Tuesday	Wednesday	Thursday	Friday
Asian Style Chicken Chow Mein	Greek Style Potato Bravas with Pork Meatballs	Roast Turkey Breast with Gravy	North Indian Style Hariyaki Curry	Oven Baked Breaded fish with Lemon & Tartare Sauce
Asian Style Stir Fried Vegetables	Carrot & Potato Topped Vegetable Cottage Pie	Broccoli & Cauliflower Cheese with a Crunchy Breadcrumbs Topping	Eastern Indian Vegetable Curry Puff	Edamame Bean & Red Pepper Frittata
Served with Noodles, Green Beans & Carrots	Served with Broccoli & Peas	Served with Roast Potatoes, Cabbage & Carrots	Served with Rice, Cauliflower & Onion Rings	Served with Chips, Peas & Baked Beans
Cherry Bakewell Sponge & Custard	Chocolate Orange Sponge & Custard	Apple & Plum Crumble & Custard	Chocolate Whoopie Pie	Apple Cobbler
Break: Hash Browns & Onion Rings	Break: Sausage Bap	Break: Chilli Beef Topped Gabbata	Break: Pepperoni French Bread Pizza	Break: Chinese Chicken Wings
Lunch: Creamy Tomato Sauce & Fusilli Hot Pot	Lunch: Tomato Penne Hot Pot	Lunch: Beef Bolognese & Fusilli Hot Pot	Lunch: Smoky Paprika Penne Pasta Hot Pot	Lunch: Chicken Tikka Curry & Rice Hot Pot

Available also:

Baguettes, Sandwiches, Sushi, Salads, Cheese & Crackers, Fresh Fruit, Dried Fruit, Cold Dessert Pots, Pizza, Hot Wings, Jacket Potatoes, Petite Pains, Traybakes, Popcorn, Lentil Crisps, Pre-Order Special Diets @ Break Time.

HARRISON food with thought

WEEKLY MENU				
King's Week begin 6/3,27/3,1/5,22/5,19/6,10/7				
Monday	Tuesday	Wednesday	Thursday	Friday
Indian Style Chicken Biryani with Yoghurt & Mango Chutney	Mexican Style Taco Tuesday with Chilli Beef or Chicken Fajita	Roast Herb Chicken Thigh with Gravy	2 Sausages in a Giant Yorkshire	Oven Baked Breaded Fish with Lemon & Tartare Sauce
Indian Style Vegetable & Chickpea Curry	Taco With Quorn Chilli	Spinach & Feta Tartlet	Paprika Vegetable Broth with Spinach Dumplings	Mexican Style Courgette, Bean & Rice Burrito
Served with Rice, Peas & Carrots	Served with New Potato Salad, Coleslaw & Salad	Served with Roast Potatoes, Broccoli & Savoy Cabbage	Served with Mashed Potato, Green Beans & Cauliflower	Served with Chips, Peas & Baked Beans
Chocolate & Pear Sponge & Custard	Apple Berry Crumble & Custard	Peach Melba Sponge & Custard	Mississippi Mud Pie	Strawberry Meringue
Break: French Bread Pizza	Break: Bacon & Cheese Turnover	Break: Wedges & Rings	Break: Naan Bread Topped with Chicken Curry	Break: BBQ Chicken Wings
Lunch: Spaghetti Bolognese Hot Pot	Lunch: Macaroni Cheese Hot Pot	Lunch: Creamy Tomato Pasta Hot Pot	Lunch: Carbonara Hot Pot	Lunch: Arrabiata Pasta Hot Pot

Available also:

Baguettes, Sandwiches, Sushi, Salads, Cheese & Crackers, Fresh Fruit, Dried Fruit, Cold Dessert Pots, Pizza, Hot Wings, Jacket Potatoes, Petite Pains, Traybakes, Popcorn, Lentil Crisps, Pre-Order Special Diets @ Break Time.

HARRISON food with thought



Celebrate Valentine's Day

Friday 10th February

Break:
Be Mine Meat Feast Pitta Pizza

Lunch:
XOXO Baked Chicken Arrabiata
Pouty Pork & Apple Hot Pot
Cheeky Cheese & Potato Pie

served with
Cupid Carrots & Serenading Sweetcorn
£2.10

Sweet Tiramisu 90p
Secret Admirer Strawberry Cheesecake 90p

Main Meal Deal: Main Meal & Dessert £2.35

Passionate Puttanesca Spaghetti - £1.90
Bae Baked Potato with Cheese & Beans £1.90

Chocolate Love Heart Cupcake - £1.00
Love Heart Chocolate Dipped Shortbread - £1.00



The PTA are currently crowdfunding for a girls' football kit and are happy to consider sponsors. If you can donate to the crowdfunding campaign please visit https://www.justgiving.com/crowdfunding/kingschoolpta?utm_term=vBv9ZMnvj.

The PTA will also be serving refreshments, sweets and Krispy Kreme donuts at all three Beauty and the Beast performances. Preloved uniform will also be on sale. Please take this opportunity to support our fantastic PTA and their fundraising.

The PTA AGM will take place in April, and they are looking for new members, in particular a Treasurer.



Kings School PTA
Beauty and the Beast Hampers donations

Following the success of our Hampers raffle last year, we're organising another and are looking for your help please!

We're looking for donations of the following items:

Chocolates	Stationery
Sweets	Toiletries
Savoury snacks/treats	Toys
Books	Games
Gifts	

*All non perishable items please *No nuts * No candles*

Please could students bring in their donation by Friday 27th January 2023.

All proceeds from the raffle will go towards the education of King's students.

Contact email: PTA@kingschoolhove.org.uk
Charity number 1167661

Raising money to enrich and expand our students' experiences.

Visit <https://www.justgiving.com/campaign/kings-school-fund> or click on this image to be taken to the page.

Every donation has an impact on a student's education experience.

Thank you for your support



King's School Fund

Speakers for Schools


Broadcasts are a great way for students to hear directly from leading figures from a range of industries, and have the opportunity to ask questions via a moderated Q&A. Speakers for school provide live and recorded broadcasts for students to participate in. Watch pre-recorded broadcasts from the library [here](#). Next week's broadcast schedule is below:

Date	Monday 6th February 2-2:45pm
Speaker	About the Past Imperfect podcast with Alice Thomson and Rachel Sylvester British Political Journalist and Podcaster, The Times For KS4-5/S4-6
Info	Join the hosts of the Past Imperfect Podcast, Alice Thomson and Rachel Sylvester, as they talk about the ins and outs of hosting a podcast. We will look at what led them to start, how they cultivated an audience, and the impact it has on them in addition to their work at The Times. Click here to register

Date	Tuesday 7th February 10-10:45am
Speaker	Comedy as a Career with Arabella Weir, BBC Comedy Writer & Performer For KS3-5/S1-6
Info	Arabella Weir is a comedy actor and writer, broadcaster, and presenter. She is probably best known as one of the stars of the BBC's multi-award-winning The Fast Show. Since then she has also become well known for her contributions to all of the Grumpy Old Women series! In this broadcast, Arabella will be talking about her career in comedy and giving advice for aspiring comedians.


Click [here](#) to register

Date	Friday 10 th February 10-10:45am
Speaker	Youth Activism with Mikaela Loach, Environmentalist For KS3-5/S1-6
Info	Join us and 24 year old Mikaela Loach, as she talks to us about her new book, IT'S NOT THAT RADICAL!: Climate Action To Transform Our World. Mikaela is a freelance writer about all things sustainability, ethical-living, refugee rights & intersectional activism. She is based in Edinburgh, where she studies medicine. In this broadcast, you will get a chance to ask her about her thought on the current climate and find out ways you can have a bigger positive impact. Click here to register



Youth Theatre and Creative Drama classes for children and teenagers ages 7-18 years

Friendly, fun Youth Theatre for ALL ABILITIES



THURSDAYS: Juniors Year 3-6 • Teen Year 7-9
• **Advanced / Senior Year 10-13**

**ALL AT: CARDINAL NEWMAN SCHOOL THEATRE,
THE UPPER DRIVE, HOVE**

DRAMA QUEENS

Free trials and Subsidies available for low wage / benefits
Call or text **07952 844537**
info@dramaqueens.biz
visit **www.dramaqueens.biz**

WOOLLY HAT DAY
FEB 24TH 2023



Register
now to
take part

WEAR A WOOLLY HAT AND MAKE A BIG DIFFERENCE

There's nothing warm or woolly about life on the streets.

Life expectancy of a female rough sleeper is just 43; 45 for men. The homeless die younger, are likely to get ill and are at more risk from violence than the housed population.

They once held down jobs, marriages, careers, commissions in the armed forces and dreams..

So how can we show we care? First REGISTER on the web page. Then find the most outrageous woolly hat. On Friday 24th February wear your hat.

Children pay £1 by texting WOOL to 70085* - adults by texting WOOL5 - and if you want to donate more, just add the amount to the word wool i.e. text WOOL20 to donate £20

Send your funny woolly head shots to info@offthefence.org.uk and we'll post them online.

To find out more and to register, click on the QR code opposite or go to www.offthefence.org.uk/woollyhatday2023

SCAN HERE!



*Your provider will charge you £1 (or the amount donated) which will go straight to Off The Fence plus standard messaging rate.

OFFTHEFENCE.ORG.UK/WOOLLYHATDAY2023